EXAMPLE: PERSONAL HEALTH RECORD (PHR)

DCV Member Name Medications and Health Record (Date):

Date of Birth: 1/1/1942 Emergency Contact: Name, phone, email

Blood Type: O

Medications

Lipitor 20 mm daily Synthroid Jan 2016 125 daily Nadolol 20 mm daily Low dose aspirin daily Calcium with Vitamin D 1200 daily Multi-vitamin daily

Surgeries

Coronary Artery Bypass 2001 Prostate Cancer Surgery 2005 Cataract Removal left eye 2009

Illnesses

Hypertension/high blood pressure High cholesterol Pneumonia 1980; 2015

2010/2011: Tests for coronary artery disease, heart problems, lung emboli and cancer all negative

Allergies

Percoset

Family History (all deceased)

Mother: COPD, hypertension,

Father: Diabetes, heart attack, hypertension

Sister: Heart attack

Paternal Grandparents and material grandfather: Heart attack

Maternal Grandmother: Stroke

Physicians/Health Care Providers

Internist: name, address, phone number Urologist: name, address, phone number Eye Doctor: name, address, phone number Cardiologist: name, address, phone number Psychologist: name, address, phone number